

Boiled Bread Recipe



Ingredients:

- 1/2 cup cornmeal
- 1/2 cup cornflour
- 1L slightly boiled water
- 1/2 cup dried cranberries, blueberries, and currants
- 1/2 cup crushed nuts
- Maple syrup to taste (optional)
-

Instructions:

- Thoroughly mix all ingredients in a large bowl. Slowly add slightly boiled water a spoonful at a time.
- When it becomes thick and sticky, shape round patties.
- Return water to a slight rolling boil and drop in one or two patties, Make sure they do not stick to the bottom.
- Remove the bread when they begin to float.